Exporting as PDF

## OUARK XPRESS 7

These instructions detail the proper way to export a file as a PDF X-1a from QuarkXPress version 7.

When you are ready to create a PDF file from QuarkXPress, double-check these items:

- Make sure your document is set to the correct trim size, with bleeds extending at least 1/8" beyond trim.
- Make sure fonts are loaded and contain both printer and screen fonts; including fonts used in imported eps graphics. • Make sure all graphics and images are high resolution and properly linked.
- All grayscale photos must be in grayscale format (not CMYK or RGB) and high-res (300 dpi).
- Make sure all color photos are in CMYK format (not RGB) and high-res (300 dpi).
- Make sure unused colors have been deleted from the color palette, and all used colors are designated correctly (as spot or process CMYK build, no RGB).

I. Go to File > Export > Layout as Pl	JF.	PDF Export Options for Layout	1
2. In the window that comes up, name file ("something".pdf) and indicate v you want it saved on your hard driv network. Before clicking on Save, cli- the "Options" button.	e your vhere ve or ck on Pag Me	DF Style:   PDF X1a  ification: PDF/X-1a 2001  ges ta Data perlinks  Mode: Centered :	
3. Select "PDF XIa" for the PDF Style "PDF/X-Ia: 2001" for the Verification	and Col ron. Ma Blee	mpression lor nts rks ed Offset: 0.125	
Check the "Include Blank Pages" che in the <i>Pag</i> es tab.	ckbox Lay	nsparency mmary	
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Select the Bleed tab and set the Bleed Type to "Symmetric" and the Amount to .125".	PDF Style: PDF	DF X1a (%) (X-1a: 2001 :	OK )
4. Click OK, then click on Save to create the PDF file.	Pages Meta Data Hyperlinks Compression Color Fonts Marks Bleed Layers Transparency JDF Summary	Bleed Options Bleed Type: Symmetric ? Amount: 0125° Left: 0 Bottom: 0° Right. 0° ✓ Clip at Bleed Edga	
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Exporting as PDF

## INDESIGN CS

These instructions detail the proper way to export a file as a PDF X-1a from InDesign CS versions.

When you are ready to create a PDF file from InDesign, double-check these items:

- Make sure your document is set to the correct trim size, with bleeds extending at least 1/8" beyond trim.
- Make sure fonts are loaded and contain both printer and screen fonts, including fonts used in imported eps graphics.
- Make sure all graphics and images are high resolution and properly linked.
- All grayscale photos must be in grayscale format (not CMYK or RGB) and high-res (300 dpi).
- Make sure color photos are in CMYK format (not RGB) and high-res (300 dpi).
- All unused colors have been deleted from the color palette, and all used colors are designated correctly (as spot or process CMYK build, no RGB).

1. Go to File > Adobe PDF Preset	s >		Export A	Adobe PDF		
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and save it someplace on your h	ard Conera		Marks and Bleeds			
drive or network.	Compression Marks and Ble	ads 👘	Marks	an in the second sec	****	
3. Once you click on "Save," then "Settings" window will appear. T PDF/X1a default settings work ( but we suggest you make a cou of changes:	the Advanced Security DK, ple		All Printer's Marks Crop Marks Bleed Marks Registration Marks Color Bars Page Information Registration	Type: Default Weight: 0.25 pt S Offset: +0.125 i		
In the "Marks & Bleeds" tab, turn Crop Marks ON and set the offset to .125". Also, set all of the bleed setting to .125".	gs		Use Document Bleed Bleed: Top: ≑0.125 in Bottom: ≑0.125 in Include Slug Area	Settings Left: ÷0.125 i Right: ÷0.125 i	n	
In the "Output" tab, change			Export Adobe PI	¥		7
the Color Conversion to		( <b>***</b> ***				-   · .
"No Color Conversion,"	Adobe PDF Preset	: [PDF/X	-1a:2001] (modified)		<u> </u>	
4. Select "Save Preset." Give it a name and save it. It will now be available as a selectable	Standard Compression Marks and Bleeds	Our	put olor	Compatibility: Acrobat 4 (Pi	Df 1.3) 🕅	
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In Word go to the Menu bar and pull down the Adobe PDF dialog menu and go to Change Conversion Settings.





On the left side click on the Fonts folder

600dpi - Adobe PDF Setti	ngs 🛛 🔀				
📑 600dpi 🧰 General					
Images Fonts Color Advanced Standards	Description Use these settings to create Adobe PDF documents for quality printing on desktop printers and proofers. Created PDF documents can be opened with Acrobat and Adobe Reader 5.0 and later.				
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	Compatibility: Acrobat 5.0 (PDF 1.4)				
	Object Level Compression: Off				
	Auto-Rotate Pages: Dff				
	Binding: Left				
	Resolution: 600 dots per inch				
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	Save As OK Cancel Help				

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